FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 |
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | | |
|--------------------------|-----|--|--|--|--|--|--|--|
| OMB Number: 3235-0287 | | | | | | | | |
| Estimated average burden | | | | | | | | |
| hours per response. | 0.5 | | | | | | | |

| Check this box if no longer subject to Section 16. Form 4 or Form 5 | STATEMENT OF CHANGES IN BENEFICIAL OW |
|--|--|
| obligations may continue. See | |
| Instruction 1(b). | Filed pursuant to Section 16(a) of the Securities Exchange Act of 19 |
| | or Section 30(h) of the Investment Company Act of 1940 |

| 1. Name and Address of Reporting Person* Garwood Jeff | | | | | 2. Issuer Name and Ticker or Trading Symbol Medicine Man Technologies, Inc. [SHWZ] | | | | | | | | | | tionship of Reportin all applicable) Director | | ng Person(s) to Issu 10% Ow | | | | |
|--|---|--|---|-------------------------------|--|--|-----|--|------------|--|--------|---------------------|---|--|---|------------------|---|--------|--|---------------------------------------|--|
| | DICINE M. | AN TECHNOLO | (Middle) OGIES, IN | C. | | | | | | | | | | | | | Other (s below) | pecify | | | |
| 4880 HAVANA ST., STE. 201 (Street) DENVER CO 80239 (City) (State) (Zip) | | | | | 4. | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | Line | 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | |
| (City) | | | (Zip) | . Dori | ivetiv | | | tion A | | irod D | Nior | | f or Po | noficial | 0 | - d | | | | | |
| Date | | | nsactio | action 2A. Deemed Execution I | | A. Deemed xecution Date, | | 3. 4. Securi Transaction Disposed Code (Instr. 5) | | ies Acquir | | 5. Amour | | y | Form: Direct | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | | |
| | | | | | | | | | Code | v | Amount | (A) o (D) | r Price | Tran | actio | ion(s) and 4) | | | msu. 4) | | |
| Common Stock 06/14 | | | | 14/202 | 1/2022 | | | A | | 22,728 A | | (1) | 255,926 | | 926 | D | | | | | |
| | | | Table II - | | | | | | • | , | • | sed of, onvertib | | • | Owne | t | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Da if any (Month/Day/\(^2\) | Date, | | ransaction rode (Instr.) | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercisa Expiration Date (Month/Day/Year | | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | ve (| 9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4) | illy | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) | |
| | | | | | Code | v | (A) | (D) | Dat Exe | te ercisable | | Expiration Date | Title | Amount or Number of Shares | | | | | | | |
| Employee Stock Option (Right to Buy) | \$1.72 | 06/14/2022 | | Ì | D | | | 20,349 | 05/0 | 04/2022 ⁽² | 2) (| 05/03/2029 | Common Stock | 20,349 | (1) | | 0 | | D | | |

Explanation of Responses:

1. On May 4, 2022, the issuer granted to the reporting person options to purchase shares of Common Stock with an aggregate value of \$35,000 as compensation for service on its board of directors. On June 14, 2022, the issuer and the reporting person agreed to cancel these options in exchange for shares of Common Stock with an aggregate value of \$35,000

2. The cancelled option vested 100% on the grant date.

/s/ Daniel R. Pabon as

Attorney-in-Fact for Jeffrey R. 06/15/2022

Garwood

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.